

PROTOCOLS RECOMMENDED FOR USE WITH AURICULOTHERAPY

A good Multivitamin is recommended with each condition.

Professional Series condition specific formulas: *ARTH Support, CFS Support, CV Support, DGST Formula, Energy/Sports, Executive Stress, Nutri-Smart, Osteo-Support, PMT Support, Rehab Support, YPD Support, Meno-Support, Prosta Support, Gluco Support*

Signature Series condition specific formulas: *Ultra-Green Multi, Mer-Detox, Chelation Formula, Colostrum LAC, Intestinall, Ultra Flavonoid, Mental Clarity Form, Master Glutathione, Homocysteine Form, ProstaMas, Ultra Joint Formula*

Pain and Inflammation:

- Balance Eicosanoids to promote less inflammatory prostaglandin/leukotriene synthesis. Ultimate Omega EPA 1 - 2 capsules BID for 30 days then 1 - 3X/week ongoing with Evening Primrose 4 - 6 500mg capsules/day ongoing.
- Ayur-Boswellia Serrata 1 capsule TID for 15 - 30 days, then PRN

Homeopathics :

- Arthritis Relief 2 sprays under the tongue as needed
- Constitutional Enhancer 2 sprays under the tongue as needed
- Headache Relief 2 sprays under the tongue as needed
- Back & Neck Pain 2 sprays under the tongue as needed
- Breast Inflammation & Discomforts 2 sprays under the tongue as needed
- Earache Relief 2 sprays under the tongue as needed
- Menstrual Cramps & Irregularities 2 sprays under the tongue as needed

Smoking Cessation:

Homeopathics :

- Constitutional Enhancer 2 sprays under the tongue as needed
- Smoke Control 2 sprays under the tongue as needed.

Stress :

- Strongly Suggest ASI Testing, See Adrenal Support Approach/Recommendations for product support/use
- Stressplex Forte 1 Tablet BID with meals ongoing.

Homeopathics :

- 911 Stress Relief 2 sprays under the tongue as needed
- Constitutional Enhancer 2 sprays under the tongue as needed
- Eye Stress 2 sprays under the tongue as needed
- Fears & Nightmares 2 sprays under the tongue as needed
- Fears & Phobias 2 sprays under the tongue as needed
- Good Mood Enhancer 2 sprays under the tongue as needed

Sleep Disorders:

- Strongly Suggest ASI Testing, See Adrenal Support Approach/Recommendations for product support/use
- Stressplex Forte 1 Tablet BID with meals ongoing.

Homeopathics :

- Fears & Nightmares 2 sprays under the tongue as needed
- Fears & Phobias 2 sprays under the tongue as needed
- Stress Relief 2 sprays under the tongue as needed
- Constitutional Enhancer 2 sprays under the tongue as needed
- Bedwetting Prevention 2 sprays under the tongue as needed
- Sleep Ezz... ¼ capful under tongue before bed

Allergies:

- Strongly Suggest ASI Testing, See Adrenal Support Approach/Recommendations for product support/use
- Stressplex Forte 1 Tablet BID with meals ongoing.
- Querciplex 1 tablet TID for 30 days then PRN
- Balance Eicosanoids to promote less inflammatory prostaglandin/leukotriene synthesis. Ultimate Omega EPA 1 - 2 capsules BID for 30 days then 1 - 2X/week ongoing with Evening Primrose Oil 4 - 6 500mg capsules/day ongoing.
- Ayur-Boswellia Serrata 1 capsule TID for 15 - 30 days, then PRN

Homeopathics :

- Allergies and Hayfever 2 sprays under the tongue as needed
- 911 Stress Relief 2 sprays under the tongue as needed
- Childrens Cough 2 sprays under the tongue as needed
- Constitutional Enhancer 2 sprays under the tongue as needed
- Earache Relief 2 sprays under the tongue as needed
- Lungs and Bronchial Relief 2 sprays under the tongue as needed
- Sinus Relief 2 sprays under the tongue as needed
- Swollen Glands Relief 2 sprays under the tongue as needed
- Headache Relief 2 sprays under the tongue as needed
- Asthma Freee 2 sprays under the tongue as needed (prof series)
- Cough Formula I & II 2 sprays under the tongue as needed (prof series)
- Allergy Eye Relief 2 sprays under the tongue as needed (prof series)

Gastro-Intestinal:

- Recommend GI Restoration Program : (see products in GI Program)

Homeopathics :

- Constitution Enhancer 2 sprays under the tongue as needed
- Heartburn Relief 2 sprays under the tongue as needed
- Tummy Aches 2 sprays under the tongue as needed
- Yeast Freee 2 sprays under the tongue as needed
- Acid Freee 2 sprays under the tongue as needed (prof series)
- Constipation Relief 2 sprays under the tongue as needed (prof series)
- Diarrhea Relief 2 sprays under the tongue as needed (prof series)
- GallPlex 2 sprays under the tongue as needed (prof series)
- Indigestion Relief 2 sprays under the tongue as needed (prof series)
- Nausea & Motion Sickness 2 sprays under the tongue as needed (prof series)
- UlcerPlex 2 sprays under the tongue as needed (prof series)



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Heart and Circulatory :

- ❑ Ultimate Omega EPA 2 capsules BID for 30 days then 1 - 2X/week ongoing with Evening Primrose Oil 4 - 6 capsules/day ongoing for circulation and cholesterol reduction.
- ❑ Ayur-Guggulipid 2 Capsules BID for Cholesterol Reduction
- ❑ CoQ 10 100 mg. Chewable 1 tablet daily for Cardiac health
- ❑ Ginkgo Biloba Max-V 1 Capsule BID for circulation (use with caution when using anticoagulants)
- ❑ Hawthorne Max-V 1 capsule/day between meals for circulation
- ❑ Pycnogenol 100mg TID for 10 days then 50mg/day ongoing for capillary fragility
- ❑ Horse Chestnut Pro 1 capsule BID for venous integrity especially in the legs
- ❑ Homocysteine Formula 1 tablet/day for homocysteine reduction
- ❑ Fiberplex 2 capsules with each meal to help lower cholesterol

Homeopathics :

- ❑ 911 Stress Relief 2 sprays under the tongue as needed
- ❑ Constitution Enhancer 2 sprays under the tongue as needed
- ❑ Heart Regularity Formula 2 sprays under the tongue as needed (prof series)
- ❑ Vein Toner 2 sprays under the tongue as needed
- ❑ Water Retention 2 sprays under the tongue as needed
- ❑ Artery/Cholesterol/BP Formula 2 sprays under the tongue as needed (prof series)

PMS :

- ❑ Chasteberry 1 Tablet BID ongoing
- ❑ Ultimate Omega EPA 2 capsules BID for 30 days then 1 - 2X/week ongoing with Evening Primrose Oil 4 - 6 capsules/day ongoing

Homeopathics :

- ❑ Constitution Enhancer 2 sprays under the tongue as needed
- ❑ PMS Relief 2 sprays under the tongue as needed
- ❑ Breast Inflammation and Discomforts 2 sprays under the tongue as needed
- ❑ Menstrual Cramps and Irregularities 2 sprays under the tongue as needed



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